

**Product Analysis List  
Creditable Breaded Meats and CN Labeled Foods  
Effective October 1, 2009**

The following is a list of products that contain a child nutrition label or we have a product analysis on file. Some products we are recommending another meat alternate be offered with it as the amount required for each age level may be too impractical. If you use a brand not listed you will need to offer another meat alternate if it does not contain a CN label. Some products will show the required amount for the bread/grain component, or you will need to offer another bread/grain.

<b>Brand</b>	<b>Required Amount Age 1 to 3</b>	<b>Required Amount Age 3 to 6</b>	<b>Required Amount Age 6 thru 12</b>
<b>Great Value Chicken Nuggets (Wal-Mart)</b>	4	6	8
<b>Member's Mark Chicken Nuggets (Sam's Club)</b>	3	4	6
<b>Bread/Grain</b>	4	4	6
<b>Tyson Chicken Nuggets</b>	3.5	5	7
<b>Bread/Grain</b>	5	6	7
<b>Tyson Dino Nuggets</b>	4	5	7
<b>Country Creek/Heidi's Chicken Ringo's/ Chicken Cheddar Ringo's</b>	3	5	6
<b>****Hy Vee Chicken Nuggets (see note below)</b>	5	7.5	10
<b>****Banquet Chicken Nuggets (see note below)</b>	6	9	12
<b>Aldi's Kirkwood Chicken Nuggets (Must serve Meat Alternate)</b>	Too Impractical	Too Impractical	Too Impractical
<b>Tyson Breaded Chicken Breast Patties/Rib Meat</b>	.5	1	1.5

\*\*\*\*It is recommended with these brands that another meat alternate be offered because of the amount required for each age level.

Brand	Required Amount Age 1 to 3	Required Amount Age 3 to 6	Required Amount Age 6 thru 12
State Fair Mini Corn Dogs Bread/Grain	3 3	5 5	6 6
State Fair Corn Dogs (Pork & Beef) Bread/Grain	1/2 1/2	3/4 3/4	1 1
Hormel Mini Corn Dogs Bread/Grain	5 5	7.5 7.5	10 10
State Fair Turkey or Chicken Corn Dogs Bread/Grain	1/2 1/2	3/4 3/4	1 1
Foster Farms Chicken Corn Dogs Bread/Grain	1/2 1/2	3/4 3/4	1 1
Fred's Deep Fried Breaded Beef Patties	2	3	4
Farm Rich Breaded Mozzarella Cheese Sticks Bread/Grain	2 2	3 3	4 4

Most Schwan's products have a CN label. Ask your driver for more information.

This is not an all inclusive list of creditable breaded meat products. If you find a brand with a CN label please send one to us for your file.

Don't be confused!! Below you will find an example of a CN label and a Nutrition Facts label.

**Child Nutrition Label**

**Not a CN Label**

Brand	Required Amount Age 1 to 3	Required Amount Age 3 to 6	Required Amount Age 6 thru 12
Gorton's Fish Sticks -Value Pack 115	5	7.5	10
Great Value Fish Sticks Wal-mart	6	9	12
Mrs. Paul's 44 Crunchy Fish Sticks	5.5	8	11
Kroger Fish Sticks	4	6	8
Hy Vee Fish Sticks	6	9	12
Van de Kamps Crunchy Fish Sticks	6	9	12
Bread/Grain	6	9	12
Fisher Boy Crunchy Fish Qwik Stix	4	6	8
Bread/Grain	4	6	8
Aldi's Sea Queen Fish Sticks	Too Impractical	Too Impractical	Too Impractical
Gorton's Crispy Batter Fillets	1.5	2	3
Mrs. Paul's Battered Fish Fillets	1.5	2	2.5
Samband of Iceland (Seafit) Fish Nuggets	2	3	4
Bread/Grain	2	3	4
Samband of Iceland (Seafit) Fish Portions	1	1	1.5
Bread/Grain	1	1	1.5
**If you do not	offer the amount	required you must offer	another meat alternate